



2016

Home Delivered HOT Meals
Congregate Sites Only

2% milk, skim milk, chocolate milk,
or cheese available.
White or wheat breads are
available. Margarine provided.
Wesley uses fresh herbs and spices
in their meal preparation.
Mrs. Dash is available upon
request.

**Your order may contain
substitutions sometimes based on
product availability.**

**PLEASE NOTE WE WILL BE
UPDATING THE MENU SOMETIME IN
SEPTEMBER. WE WILL SEND YOU A
NEW SEPTEMBER MENU WHEN THIS
IS COMPLETED. WE APOLOGIZE FOR
THE DELAY.**

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 29 Hot Dog Cincinnati Chili Lima Beans Vanilla Pudding Apple Juice Pear Cup 1 slice of Bread | 30 Diced Chicken Sweet/Sour Sauce Brown Rice Broccoli Cruller Donut Cereal Bowl Orange Juice | 31 Cincinnati Chili w/ Spaghetti Shredded Cheese Peas and Onions Sliced Carrots Oyster Crackers Cranberry Juice Peanut Butter Cup | September 1 Grilled Chicken Breast Gravy Stuffing Diced Potato w/Cheese Shortbread Cookie Cinn/ Apple Sauce 1 Slice of Bread | 2 Ham Cauliflower w/Peppers Sweet Potato Fresh Fruit Cheese Balls Grape Juice 1 Slice of Bread |
| 5 Hamburger Patty Sliced Carrots Apple Crisp Doritos Tomato juice 2 slices of Bread | 6 Meatballs w/Gravy w/Mushrooms w/Diced Onions & Elbow Noodle Broccoli Lima Beans Tropical Juice Pear Cup 1 Slice of Bread | 7 Pork Chop Sweet Mashed Potatoes Broccoli Pineapple Cup 2 Slices of Bread | 8 Breaded Breast Brown Rice Peas Fresh Fruit Mixed Fruit Cup 1 Slice of Bread | 9 Italian Chicken White Rice Spinach Fruit Bar Peach Cup Apple Juice One Slice of Bread |
| 12 Country Steak Gravy Diced Beets Cinnamon Apple Slices Grape Juice 2 slices of Bread | 13 Ribs Corn Peach/Blueberry Crisp Peanut Butter Cup Fresh Fruit 2 Slices of Bread | 14 Chicken Strips Spinach Diced Potato Oatmeal Cookie Fresh Fruit 2 slices of Bread | 15 Taco Meat Brown Rice Black Beans Peas Diced Tomatoes Mandarin Orange Cup Tortilla Chips | 16 Meatballs w/Marinara Spaghetti Broccoli Peach Crisp Apple Juice 1 slice of Bread |
| 19 Salisbury Steak Linguini Beef Broth Diced Carrots Fruit Cocktail Cranberry Juice 1 Slice of Bread | 20 Sliced Turkey Gravy Stuffing Spinach Peach Crisp Cheese Balls Apple Juice | 21 BBQ Pork Brown Rice Broccoli Green Beans Rice Krispy Treat Tropical Juice | 22 Meatloaf Gravy Diced Potato Peas Mandarin Orange Cup Cranberry Juice 1 Slice of Bread | 23 Turkey Mett Sauerkraut Mash potatoes Green Beans Pineapple Cup Goldfish Pretzels 1 Slice of Bread |
| 26 Ham Cauliflower w/Peppers Sweet Potato Fresh Fruit Cheese Balls Grape Juice 1 Slice of Bread | 27 Hot Dog Cincinnati Chili Lima Beans Vanilla Pudding Apple Juice Pear Cup 1 slice of Bread | 28 Diced Chicken Sweet/Sour Sauce Brown Rice Broccoli Cruller Donut Cereal Bowl Orange Juice | 29 Cincinnati Chili w/ Spaghetti Shredded Cheese Peas and Onions Sliced Carrots Oyster Crackers Cranberry Juice Peanut Butter Cup | 30 Grilled Chicken Breast Gravy Stuffing Diced Potato w/Cheese Shortbread Cookie Cinn/ Apple Sauce 1 Slice of Bread |